

# **The Kendal Corporation**

## **Kendal – College/University Relationships**

**Revised, December, 2014**

### **Kendal-Crosslands Communities (KCC)**

The first Kendal Communities were not developed with a formal university connection, but soon after opening, the informal affinity became readily apparent. Retired faculty from Swarthmore, Westtown, and other educational institutions in the area were well represented among early residents. Their interest in lifelong learning and in remaining active and involved in the community established a culture with a natural inclination to college/university relationships. This culture has been transplanted to new Kendal communities, has become more formalized over time, and has led to the development of creative, dynamic relationships between Kendal communities and educational organizations.

While there is no one college or university in the area of Kendal-Crosslands Communities, this Kendal affiliate has connections with several schools.

Many residents take courses and are instructors at the Academy of Life Long Learning at the University of Delaware in Wilmington, ten miles south of Kendal-Crosslands, and KCC provides transportation to the Academy three times a day during the week. Residents are also active alumni in several local Quaker colleges, such as Swarthmore and Haverford.

Kendal-Crosslands annually sponsors an integrative health conference with West Chester University. Some residents audit courses at West Chester University and KCC arranges for resident trips to cultural events at West Chester University on a regular basis. The West Chester University Office of Cultural Affairs has worked closely with KCC to develop and promote these opportunities.

KCC hosts interns, nursing students, and social work students from West Chester University; social work students from Bryn Mawr College's graduate program; physical therapy students from Widener University; nurse practitioner students from the University of Pennsylvania; and medical fellows from Jefferson Medical College in Philadelphia. KCC has facilitated clerkships for health and medical services administration graduate students from Widener, Temple and St. Joe's Universities.

Faculty members from local schools serve on the KCC Board. For its staff, KCC offers the Anne Perry Employment Fund, which pays the wages of 2-3 student workers during the summer. Tuition reimbursement is available for both part-time and full-time staff members. For more than fourteen years, KCC has been a site for vocational explorations for students in the Discover Program from the Chester County Intermediate Unit and recently students from other local school districts.

## **Kendal at Hanover**

Kendal at Hanover was the first Kendal community developed outside of the state of Pennsylvania. Its connection to Dartmouth College began through an English professor and Quaker who, along with a group from the Hanover Friends Meeting, was instrumental in Kendal at Hanover's early development. As chair of Kendal at Hanover's first Board, he encouraged and supported the development of relationships between Kendal and both Dartmouth College and the Dartmouth Hitchcock Medical Center.

Later, The Institute for Lifelong Learning at Dartmouth (ILEAD), now OSHER at Dartmouth, was created by Dartmouth with the participation of several Kendal residents. OSHER at Dartmouth develops coursework for which Kendal residents teach and many of the courses are held at Kendal at Hanover. Approximately half of the Hanover resident population supports the OSHER at Dartmouth program either as sponsors, participants, or instructors. Kendal also provides classroom space to OSHER at Dartmouth on campus for both residents and outside community members.

The Dartmouth Hitchcock Clinic at Kendal provides geriatric primary care to all residents throughout the independent community. The clinic staff also provides a continuum of care for residents in the Health Center. The clinic serves as an educational setting for Dartmouth Hitchcock Medical Center Medical Students and Residents who rotate through and care for Kendal residents. Kendal at Hanover serves as a setting for an annual Palliative Care Resident as well as a Resident in geropsychiatry. Nurse Practitioner students have completed clinical work from Yale, Boston College, University of New Hampshire, and the University of Vermont.

Kendal at Hanover has developed affiliations with the River Valley Community College for RN and LNA students and with Vermont Technical College for LPN students.

Kendal at Hanover staff in the department of rehabilitation educates students in the areas of PT and OT from River Valley Community College and Franklin Pierce College.

The Dartmouth Institute for Healthcare Policy and Clinical Practice has had students work with staff of Health Services on emerging technology pilots in areas of tracking resident social ability, vital signs and movement. Also, Kendal at Hanover's Executive Director has served as a coach to students in the Dartmouth Institute's "Strategic and Financial Management of Health Care Organizations" winter course. The course introduces students to financial and management principles. For many of the students, this is a new area of study as many have clinical or other professional backgrounds. The students look at real organizations to gain a better understanding of how these strategic and financial concepts apply in the real world. Teams of four students are assigned to specific organizations to look at as they learn finance and management principles.

The Dartmouth Centers for Health and Aging and Kendal at Hanover have established a working relationship, in part, through Kendal's strategic planning process as Kendal expands community awareness and outreach. This collegial relationship, through an affiliation agreement, will foster the growth of the Centers for Health and Aging by Kendal taking part in integrated research with the goal of improving quality and outcomes for

older adults; conference planning committees for community programs and working in areas related to care of the cognitively impaired.

Kendal at Hanover and The Hood Museum of Art at Dartmouth continue a rich engagement in a relationship entitled “The Art and Alzheimer’s Program.” Kendal residents who reside in healthcare visit the museum where docents share art treasures with them in order to engage their reaction as well as bringing forth memories. The program involves members of the Hood Museum and Kendal residents, staff and volunteers.

Kendal at Hanover partnered with the Friends Services for the Aging (FSA) and Pennsylvania State University on a new Hospitality Internship Program on campus. This eight week program provided the intern the opportunity to rotate through the Dining Services, Environmental Services and Facilities Departments at Kendal at Hanover and learn about their operations and how they serve the residents. The intern provided a final report to Penn State and the staff on their experience and how Kendal is unique. This proved to be a valuable learning opportunity for both the intern and the staff.

### **Kendal at Oberlin**

Kendal at Oberlin came to be through significant involvement and support of Oberlin College. Initially, some Oberlin College staff served on a broad based community committee charged with exploring options for bringing a retirement community to the Oberlin area. The Committee concluded that Kendal was the organization of choice and the College expressed its commitment to the project by providing seed money, facilitating the acquisition of land, and supporting College faculty and staff, including the College President, to serve on the Board in an ex-officio capacity. It is not unusual to have as many as three to four board members that are faculty or staff.

Today, while it is physically located close to Oberlin College, Kendal at Oberlin relates to several colleges/universities in Ohio. These include Akron University, Baldwin Wallace College, Case Western Reserve University, Cleveland State University, Lorain County Community College, Bowling Green University, The Ohio State University, Ohio University, Youngstown State University, Ashland University School of Nursing, Ursuline College and Oberlin College. The Academy for Lifelong Learning, which is sponsored by Lorain County Community College, is also affiliated with Oberlin College and the Elderhostel Institute Network. The Academy plans and offers field trips and numerous noncredit college-level courses, many of which utilize current and retired faculty members from the two colleges as instructors. Many of the instructors include Kendal residents and many of the courses are offered at Kendal at Oberlin each semester. A listing of past and current courses may be requested directly from Kendal at Oberlin. The Oberlin College library, and other campus facilities and amenities such as the athletic facilities, are open to Kendal at Oberlin residents.

The Oberlin Conservatory of Music offers free concerts performed by faculty and students, as well as moderately priced performances. There are as many as 1,200 events a year, most free or low cost. Free shuttle service is provided by Kendal to transport residents to

such events, as this is considered local transportation included in fees. Students from Oberlin College also perform at Kendal at Oberlin. Additional joint endeavors between Kendal and Oberlin College include: 1) residents are able to audit, without charge, courses at Oberlin College; 2) Oberlin College faculty lecture at Kendal; 3) residents teach, conduct research, and consult at Oberlin College; 4) Kendal hosts marketing meetings for prospective residents in Oberlin College facilities such as the Allen Art Museum; 5) mutually beneficial cooperative projects are planned, such as students from the Environmental Studies department are working with Kendal to improve its energy use; 6) Kendal at Oberlin hosts alumni dinners at Commencement Weekend for Oberlin College; 7) Kendal staff teach a one credit hour course on aging at Oberlin College and pair students with Kendal residents for an experiential component; 8) Kendal Creative Arts Therapy team trains student volunteers in expressive therapies; 9) Kendal serves as a federal work-study site for students to learn about aging and earn compensation toward their tuitions; 10) Staff and residents are involved in mentoring Oberlin College first-year students by participating in an 8-week course called Arts in Moriendi; and 11) Kendal at Oberlin works with Oberlin College's Bonner Scholar LEAD's Program in which staff are paired with students to prepare future student leaders by offering training and guidance on how to become a positive principal individual to advance projects.

In 2006-07, Kendal began communication in an informal collaboration with J. F. Oberlin University, in Tokyo, Japan. The University has ties to Oberlin College in a number of ways, and developed ties over the years with Kendal residents. Representatives from J. F. Oberlin University visited again in March, 2011, and continue to plan for a retirement campus as a partnership opportunity. Students from J.F. Oberlin University participated in a two week program of diversity training at Kendal at Oberlin during the summer of 2013.

Kendal at Oberlin also works collaboratively with other local educational institutions for student field placements, research projects, and staff recruitment. Faculties from Ohio University, Youngstown State University, Akron University, Cleveland State University, Cleveland Clinic (medical education) and Case Western Reserve University have conducted research at Kendal. Kendal nursing staff serves on the Joint Vocational School Advisory Committee and provides consultation to the Diversified Health Occupations and the Health Science Technology Programs. The Frances Payne Bolton School of Nursing and Case Western Reserve University utilize Kendal's Nurse Practitioner as an NP preceptor and Kendal is used as a clinical site for NP student clinical requirements when requested. The Social Services Department provides oversight for students from various programs and schools and has maintained relationships for many years with students studying social work from Case Western Reserve University, Cleveland State University, Ohio State University, Bowling Green University, Youngstown State University and Lorain County Community College. Dining Services hosts students in Dietetic Technology from EHOVE Technical School and provides affiliation experiences for master-prepared dietetic interns from CWRU. In addition, students in the following areas have been provided learning opportunities at Kendal at Oberlin: physical therapy, social work, early childhood education, nursing home administration, and art therapy.

Kendal at Oberlin's Early Learning Center (KELC), for children ages 3 to 5, also partners with the local school system and colleges. Oberlin College and the Lorain County Joint Vocational School provide work study students to assist with program needs such as

supporting KELC teachers and tutoring for the afterschool program, which serves children up to age 12. The Lorain County Community College also provides student teachers to KELC. The Oberlin Public School System helps to prepare the KELC pre-school students for kindergarten by familiarizing them with the school and their future teachers and working with the parents.

Kendal at Oberlin collaborated with Case Western Reserve University on a community wide survey related to spirituality. Results have impacted a newer, dedicated space called the “Quiet Room” as part of the Stephens Care Center.

Kendal at Oberlin’s Creative Arts Therapy Department, whose department head is an art therapist, works with Ursuline College, on an ongoing basis, training students in the Master Degree Art Therapy Program. Internship opportunities are also available to Baldwin Wallace College Music Therapy students where they work with the music therapist in the Creative Arts Therapy Department.

Research projects emerge each year giving residents options to participate as they choose. All projects are reviewed by administration, health service professionals, and medical staff before being posted as available. Examples include a study with The Cleveland Clinic on the use of Coumadin in atrial fibrillation in the nursing home and the incidence of Roto Virus in causation of diarrhea in nursing homes. Another example includes Kendal participating in a caregiver research project titled “The Caregiver Knowledge and Skills Project” in conjunction with The University Memory and Aging Center of CWRU and University Hospitals Case Medical Center. It offered a six week series of workshops in 2008, including an evaluation and follow up program after 8 months. This was particularly meaningful for caregiving spouses whose husband/wife was living with a dementia diagnosis. Kendal at Oberlin has served as a valuable training site for Geriatric Fellows and Nurse Practitioners from the Cleveland Clinic and the Cleveland Metro Hospital as a result of our physician ties.

### **Kendal at Ithaca**

The origins of Kendal at Ithaca also relate directly to early relationships with the local university, in this case, Cornell University. The President of Cornell took an active role in the exploration for potential developers and the decision to select Kendal. Cornell also supported the project by providing seed money, facilitating the acquisition of land and supporting faculty and staff to serve on the board. Ithaca College, likewise, supported the development of Kendal at Ithaca and maintains an ongoing relationship.

Kendal at Ithaca has always characterized its relationships with local educational institutions as originating in ‘people connections’ and that is still true. Kendal sits amidst an impressive number of campuses: Cornell University, Ithaca College and SUNY Cortland are the three largest.

Researchers at Cornell and Ithaca College have consistently viewed the Kendal residents as a well-defined pool of subjects for research. A prime example of this is the Pathways to

Life Quality project, a longitudinal study comparing CCRC residents' and community dwelling residents' use of health care services. (See [www.pathwayslifequality.org](http://www.pathwayslifequality.org))

Several classes at Cornell University invite residents to participate as project team members and subjects in studies. One was a study of hand-eye coordination undertaken by the Engineering School. Two courses in the School of Human Ecology under the Living Environments Aging Partnership program involve Kendal at Ithaca residents. Located within the Design & Environmental Analysis Department, the first course concerns "Furniture as a Social Art" and the second is "Environments for Elders." Both build intergenerational teams to address creating improvements in the lives of older and aging adults. A recent project involved teams of residents and students from Cornell examining Kendal at Ithaca dining service areas. The students proposed and constructed life-sized models of elements that should be considered as improvements. This particular relationship is expected to continue for several years.

In the spirit of contributing to learning, Kendal at Ithaca residents and staff participate in class presentations. Recent examples are a graduate course in the Program in Real Estate at Cornell and the Aging Policies and Programs class from Ithaca College. Regular presentations are made to an Occupational Therapy class from the Ithaca College Clinical Studies program and another to a short course at Cornell's College of Human Ecology entitled "An Overview of Long Term Care and Living Alternatives for the Older Adult."

In a very special case, certain Kendal at Ithaca residents attend the Center for Life Skills directed by Ithaca College clinical staff and students and hosted at Longview, a local adult housing community with strong ties to Ithaca College. This program is designed to give students direct contact and practice with individuals recovering from strokes or other similar health events, and it provides intense therapeutic interventions for the participants three days a week, fall and spring semesters.

Kendal at Ithaca hosts many intern and fieldwork students from Cornell, Ithaca College and Cortland State in its finance, marketing, social work, therapeutic recreation and health care departments. Marketing has invitations to speak at alumni events about planning for retirement and care scenarios in later life. Turning the tables around, some Kendal at Ithaca residents take courses at Cornell. Many Kendal residents who are Cornell faculty alumni continue to keep office hours, do research and mentor students.

Cooperative projects in watershed monitoring, crow population dynamics and white-tailed deer control continue with experts from Cornell working with Kendal staff. Energy management is another area of cooperation, and the debut of the College of Engineering's annual national race car project is always a high point of the spring Lyceum series. The Cornell team has many trophies to its credit.

The mutual enrichment between Kendal at Ithaca residents and local colleges and universities is demonstrated in a variety of ways: faculty members speak in Kendal programs, serve on the Board and various committees; Kendal residents may use the Cornell libraries and take certain courses at no cost; on-campus events, especially concerts and theatrical performances are popular; and residents volunteer at the Cornell Arboretum.

## **Kendal at Lexington**

The initial impetus for Kendal at Lexington can be traced to another community group comprised of individuals from the local religious denominations, from Washington and Lee University (W&L), and from the Virginia Military Institute (VMI). This local group was formed to identify options for bringing a retirement community to Lexington. While the local market was limited, the group managed to convince Kendal of its determination and commitment by raising seed capital and procuring land.

These two universities in Lexington - the Virginia Military Institute (VMI) and Washington and Lee University (W&L) – and a third, Southern Virginia University (SVU), just 7 miles away in Buena Vista continue to maintain vibrant relationships with Kendal at Lexington. Kendal's board of directors and board committees has a history of membership which includes current and past alumni, faculty and staff from W&L and VMI.

Faculty members from VMI and W&L regularly provide lectures at Kendal at Lexington. Kendal College, a series of lifelong learning classes, is coordinated by Kendal residents and taught by Kendal residents and university faculty or other outside experts. These classes, attended by residents and future residents, have included field trips to the Booker T. Washington national monument, the New Market battlefield, and Black Friar's Theatre in Staunton, among others.

Residents audit classes at W&L and simply need the permission of the instructor to do so. Their maturity and wisdom is valued by students and teacher alike. Both VMI and W&L have made special arrangements for Kendal residents to attend cultural events at their schools, and W&L faculty members have provided lectures about upcoming concerts. When President Bush spoke at VMI, Kendal residents were specifically invited to attend. All three schools send student musicians to Kendal for special performances. Kendal residents are permitted to attend W&L sports events free of charge.

Kendal volunteers have participated in research projects conducted by the schools, and Kendal residents regularly serve as jurors for the W&L law school's Moot Court. In 2003, music students from Southern Virginia University worked with Health Center residents for a student practicum. Kendal at Lexington partnered with a W&L sociology class in 2005 to perform Kendal's resident satisfaction survey. Kendal began an affiliation in 2006 with Radford University's nursing program. Our nurse practitioner served as a preceptor to a student, teaching and reinforcing the basics of wound care, preventive health care, and screening for functional and cognitive deficits in the elderly population.

## **Kendal at Granville**

Two couples, both alumni of Denison University, and one with a relative at Kendal at Oberlin made the initial introductions between Kendal and Denison. Granville, located 26 miles northeast of Columbus, is the home of Denison University. Thereafter, Denison and

Kendal at Granville (KAG) have supported each other and each has reaped the benefits of a dynamic and synergistic relationship. Early in KAG development, Denison University President and staff publicly supported KAG to the local community and to the alumni through the alumni magazine. The University not only provided seed money for the project, but also provided the land through a land lease arrangement.

Denison was not only supportive of the establishment of Kendal at Granville, which opened in the spring of 2005, but has continued to be actively involved with the community. Members of Denison administration and Denison alumni sit on the Board of KAG. Denison assisted KAG's marketing efforts through publishing articles about the retirement community's progress in its alumni magazine, inviting KAG representatives to have displays at Alumni meetings and allowing mailing of the KAG newsletter to alumni from appropriate class years.

Kendal residents take advantage of the many cultural, intellectual and sporting events that Denison brings to the Granville community. Denison professors have lectured on a variety of topics at Kendal, and Kendal residents audit courses through Denison's Community Scholar program. This collaborative arrangement has led to a week-long pottery class held twice annually at Denison's Art Studio. The class is solely available to Kendal residents, and happens to be co-instructed by a Kendal Resident who has been a long-standing Community Scholar. Residents also regularly participate as subjects in research projects at both Denison University and Kenyon College in Gambier, Ohio.

The Ohio State University-Newark and Central Ohio Technical College campuses are in nearby Newark. As an affiliate of these schools, The Lifelong Learning Institute offers an expansive curriculum throughout the calendar year, some of which are held at Kendal at Granville. Curriculum offerings are available to county residents over the age of 60 for just \$45 a year. Our relationship with these campuses also allows us to be a practicum site for students in health related courses of study. These campuses also serve as an important recruitment resource for KAG. Tuition reimbursement is currently available for KAG employees.

Working together, Kendal at Granville staff and residents and Denison University office of alumni relations have organized and offered campus tours and an orientation program for new Kendal at Granville residents. Using questions developed by KAG residents, the University developed a Frequently Asked Questions Response leaflet to help residents learn ways to become involved in the campus community and access the many opportunities available to them through Denison.

## **Barclay Friends**

Though it dates its origin back to 1897, Barclay Friends joined the Kendal family in 1994. Like other Kendal affiliates, it has developed and nurtured dynamic relationships with several academic institutions in its geographic area. Barclay Friends is involved with local universities primarily through affiliations and internships with students. This includes West Chester University and LaSalle University. Recent internships include Horticultural Therapy, Social Services, Development, and the Registered Dietitian. Student Affiliations include clinical nursing affiliations in skilled nursing and assisted living. Barclay Friends is also affiliated with the Brandywine Center of Technology's Licensed Practical Nurse program, and Chester County Opportunities Industrialization Center Certified Nursing Assistant Program. Intergenerational programs with younger students are provided through Westtown School and West Chester Friends School.

Additionally, West Chester University provides a variety of programs at Barclay. The alumni orchestra from the University's Music Department provides a very popular concert annually for residents. Students from the Music Department perform regularly. A recently developed program called Traveling Across Generations, or TAG, was developed by West Chester Undergraduates especially for Barclay Friends, and promotes the value of intergenerational friendships through weekly visits with residents. Students from the TAG program initiated the Grandmothers to Grandmothers program assisting our residents to make scarves and mittens for grandmothers in South Africa caring for children whose mothers were victims of the HIV virus.

## **Kendal on Hudson**

Prior to its 2005 opening, the residents' Education Committee was formed to develop relationships with local institutions and begin planning programs of interest to residents. The pre-opening activities of the Committee included:

- designing, mailing and tabulating an extensive education questionnaire (with a 90 percent response rate) which not only identified and ranked individual interests but also generated a list of residents capable of giving lectures, courses, leading discussion groups, etc.
- meeting personally with the Presidents and senior administrators of the five colleges and universities in closest proximity to set up courses at Kendal on Hudson (KoH) and provide opportunities for on-campus participation by residents.

The first **course**, "History of Opera" taught by a Westchester Community College (WCC) instructor (later to become director of the Kendal Chorus) proved so popular that one or two courses have been taught each month by professors from State University of New York (SUNY) at Purchase, Columbia University, WCC, the Hudson Valley Writers' Center, Scarsdale Adult School, The Archaeological Institute of America, Iona and Sarah Lawrence College. Courses have covered history and politics, mythology, music, art, literature, religion and philosophy, and science. Three residents, former academicians from

Earlham College and City University of New York, also created and taught courses. Modest tuition is charged to both cover immediate costs and generate funds to support other resident-directed activities.

A number of residents take courses on their own at Fordham University, New York University, Pace University, Iona College, WCC, Sarah Lawrence and other nearby institutions. A close working relationship has been developed by the Kendal Library with our local Warner Public Library. The Trips Committee has sponsored excursions to the Philadelphia Flower Show, the Katonah Museum, the Neuberger Museum, The New York Botanical Garden, Wildlife Conservation, The American Museum of Natural History, Vassar College, Jacob Burns Film Center, among others.

Evening **lectures** are given once or twice weekly throughout the year and cover a broad variety of topics including history, politics, science and conservation, current events, social and national issues, literature, art, film, theater and media, education and medicine. Speakers have included the Superintendent of the local schools, the president of WCC, professors from City College of New York, Baruch College, Mount Sinai, Pace University, SUNY at Purchase, as well as representatives of the United Nations, the Japan Society and the Center for Constitutional Rights. We have hosted national, state, county and local political leaders, including pre-election debates by local candidates and representatives of interest groups such as Amnesty International.

The Resident Health and Wellness Committee sponsors a medical educational series featuring physicians primarily from their neighbor, Phelps Memorial Hospital. In addition, the staff and committee jointly sponsor an annual Health Fair at KoH with local providers as exhibitors. KoH is currently working with NY Medical College through Phelps, with medical students visiting the Clearwater as part of their rotation in geriatric care.

Beginning in May 2008, Kendal on Hudson has hosted several Roads Scholar events open to residents, potential residents and the community. Additionally, KoH has sponsored ten AARP Safe Driving Courses for residents and non-residents. Among other charitable activities, a number of residents volunteer their time with literacy and social service organizations serving the immigrant population in the local community.

Two members of the Education Committee formed a Music Committee, and with the help of an anonymous donor, have sponsored a series of free Sunday afternoon concerts including chamber music, hand bells, pianists, jazz groups, and vocalists. The Purchase College Faculty String Quartet and a jazz ensemble from the State University Conservatory of Music were among the performers. Additionally, several local high school orchestras and bands have given concerts for residents.

### **Lathrop Communities**

Lathrop Communities, ideally situated in the five college area of Massachusetts, joined the Kendal family in 2004. While residents are able to audit courses at the various colleges, the unique opportunity available at Lathrop is membership in an organization called Five College Learning in Retirement. Sponsored by the area's five colleges, Smith College, Mt.

Holyoke College, Amherst College, Hampshire College, and the University of Massachusetts, the Learning in Retirement seminars occur on all the college campuses as well as at the two Lathrop campuses. But instead of being taught by university professors, within the usual college format, what is unique about this program is that it is managed by retirees and the courses are all initiated and moderated by retirees. Everyone who joins and signs up for a seminar is expected to take a role in leading one session of that seminar. This program provides a model of active adult learning that is extremely appealing to those who yearn to continue their intellectual stimulation but not necessarily by being a student in a college course.

### **Collington – A Kendal Affiliate**

Collington Episcopal Life Care Community, located in Mitchellville, MD is in the Metro DC area. Collington became a Kendal Affiliate in June 2011. For the past 23 years, it has had a very close relationship with Prince George's Community College, located about 2 miles from the campus. Residents can participate in the SAGE program (Seasoned Adults Growing Educationally) through the college. Classes are offered on the Collington campus daily. For \$50 per semester, a residents can take as many courses as they would like. Also, they are able to go to other sites to take courses on the same \$50 fee. Classes that are offered on-campus include: Literature, Chair Exercises, Tai Chi, Studio Fine Art, Stained Glass, Therapeutic Aquatic Exercise, Walking, Income Tax, Arthritis Exercise, Autobiographical Writing. Every year or so, new instructors are sought to teach new classes on campus. Sign Language has been added to the list of courses for the Fall semester 2011.

Prince George's Community College also brings their Geriatric Nursing Assistants to campus for clinical experience in both the Skilled Nursing and Assisted Living Neighborhoods.

A Balance Study, coordinated by the University of Maryland Kinesiology Department, was conducted. 10 residents were chosen to participate in the study to find the correlation between walking sessions/exercise and balance.

Many of residents have contacts at the University of Maryland, and Collington is exploring ways to bring instructors on campus for lectures, and/or transport residents to the college to attend courses.

### **Chandler Hall – A Kendal Affiliate**

Chandler Hall began in 1973 as a nursing home and grew into an array of services including Personal Care, Hospice, Adult Day and Child Development. Since its inception, it has supported the capacity to live creatively and meaningfully through a commitment to life-long learning, including cultural, intellectual, recreational and spiritual enrichment. Intergenerational opportunities are provided through the on-site

Child Development Program and Summer Camp, as well as, with the practice of hosting and mentoring students and interns of all ages on site.

Chandler Hall joined as a Kendal Affiliate in July of 2013. Chandler Hall is located in the northern suburbs of Philadelphia and is fortunate to be close to several colleges and universities. Chandler Hall has a long history of being a formal educational rotation site for students in the medical field, including geriatric fellows, advance practice nurses, certified nursing assistants, and rehabilitation therapists and assistants.

Chandler Hall has also been a site for interns in the health care field – such as health policy, health administration, counseling, social work, nursing and most recently, dietetic services. Chandler Hall developed a relationship in 2007 with Drexel University for their RN students in the BSN program to complete their clinical rotation in community health in Adult Day and Home Health/Hospice. Additionally in 2007, a partnership was formed with Buck County Community College, just a short distance away. CNA students complete their clinical rotation for 6 weeks each semester. This is both a wonderful form of community outreach and it has enabled Chandler Hall to hire CNA's who they know philosophically will be a good fit. The Geriatric Nurse Practitioners also act as preceptors to MSN students from the University of Pennsylvania. Social Work students are hosted from Bryn Mawr and Temple University. Since 2010, Chandler Hall has opened its doors to students who live on campus for 8 to 10 weeks in order to complete internships in areas such as Health Policy, Health Administration and Dietetic Services. Partnerships with other organizations support the paid positions for these students. It truly is a win-win relationship for the student, the residents, and the Chandler Hall community.

In addition to tuition reimbursement, Chandler Hall encourages staff to enhance their skills and take classes not related to their position through The Worthington Program. This is a fund set up by a former resident's family. Staff can be reimbursed up to \$200. Many have taken classes in various things including, bead making, cooking, baking, computer classes, music, etc.

Recognizing that they embrace learning for both the internal and external community, Chandler hall recently formalized an internship philosophy statement and answered the following questions.

Why are we a practicum and internship site?

*Given the growing need for well trained and talented staff and leaders within the field of aging services, we believe that cultivating the next generation is part of our responsibility to ourselves, to the field, and to elders.*

- 1) Build a relationship with individuals for recruitment purposes (Position Pipeline)
- 2) Recognition of the mutual benefit of promoting an environment of continuing learning\* to our employees, residents, and clients and to the students and, on-site instructors, and preceptors.

- 3) Support and nurture collaboration and mutual benefit of partnering organizations that may go beyond the educational experience.
- 4) Provide opportunities for emerging leaders at Chandler Hall to be an intern preceptor/educator.
- 5) Infuse enthusiasm about a career in long term care; whether at Chandler Hall or elsewhere – we believe this is a mutual benefit for all providers.